**SERVICE**

**NAME OF SOCIAL WORKER**

**ADDRESS**

**TELEPHONE**

**EMAIL**

**Bereavement Pack**

In this pack you will find Paediatric bereavement resources and information regarding support services available to bereaved families. This bereavement pack is universal and is given to every family who experience the death of a child within the Hunter New England Area Health District. The services and resources are accessible to all bereaved families despite where they may live in our district.

**Rednose Brochure**- This Australian organisation (formerly known as SIDS and Kids) supports grieving individuals and families following the sudden or unexpected death of a baby or child. Their website has been designed to connect individuals and families to a range of support options, useful resources and information. Services can be provided remotely by videoconference or phone ensuring no matter where you live you can access this essential service.

**The National Centre for Childhood Grief Brochure-** The NCCG is a not for profit organisation dedicated to caring for bereaved children and their families following the death of a parent, sibling or other close loved one. They can provide individual counselling sessions face to face and online, as well as group programs for children and adults. NCCCG currently provide these services free for young people aged 3-17 years old.

**Centrelink-** If you have any questions regarding your Centrelink payments after the death of a child, you can call a dedicated bereavement line on **1800 118 388**, this will ensure you are talking to someone who is specialised in this area and allow you to avoid the usual long wait to talk to someone.

**RMH Family Retreat–** This is a program that provides a week’s free accommodation to families who have seriously ill children but also to families who have experienced a death of a child. When applying online they will request proof of death, if you don’t have this please write in the comment box ‘you can contact [Alicia.Tremain@health.nsw.gov.au](mailto:Alicia.Tremain@health.nsw.gov.au) to confirm details’. To apply online please go to [www.rmhc.org.au/Ronald-mcdonald-family-retreats](http://www.rmhc.org.au/Ronald-mcdonald-family-retreats).

**Grief Line Brochure-** This is an organisation who can provide free bereavement and counselling support.

**Mental Health Line Brochure/Card-** The Mental Health Line puts you in contact with a Mental Health professional to discuss your symptoms and connect you with appropriate care.

**Mental Health Treatment Plan-** This is a plan made with your GP, it allows you to access Medicare rebates for individual psychological appointments with a psychologist, social worker or occupational therapist. Please see information sheet for further details.

**Grief and Bereavement Resources –** This is a list of grief and bereavement resources including websites, books and podcasts.

**Arranging a Child’s Funeral-** This provides information and advice for families arranging a funeral for a child.