

Grief and Bereavement Resources

Online

- National Centre for Childhood Grief – childhoodgrief.org.au – 1300 654 556
- Feel the Magic – feelthemagic.org.au – 1300 602 465
- Good Grief – good-grief.com.au
- Grieving Parents Network – www.grievingparents.net

These websites contain Grief Resource Hubs you can access, they recommend books, movies, articles, videos, publications and even connection activities for families.

Children's Books

- The Invisible String – Patrice Karst
- I miss you – Pat Thomas
- Where are you? – Laura Olivieri
- Sad isn't bad – Michaelene Mundy

Adult Books

- It's OK that you're not OK – Megan Devine
- Coping with Grief – Mal McKissock
- Bereaved Children and Teens – Earl Grollman
- Grieving Dads – Kelly Farley and David Dicola
- Grieving Parents – Nathalie Himmelrich

Podcasts

- Good Mourning – www.goodmourning.com.au
- What's your Grief Podcast – www.whatsyourgrief.com/grief-podcast/
- Grief Out Loud – www.dougy.org/news-media/podcasts
- Grief Cast – www.cariadlloyd.com/griefcast