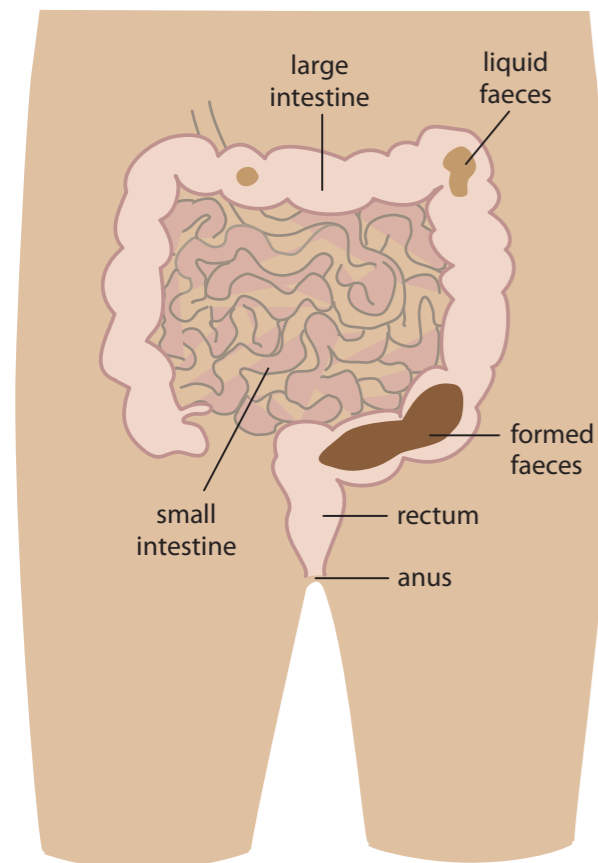


# Constipation with overflow

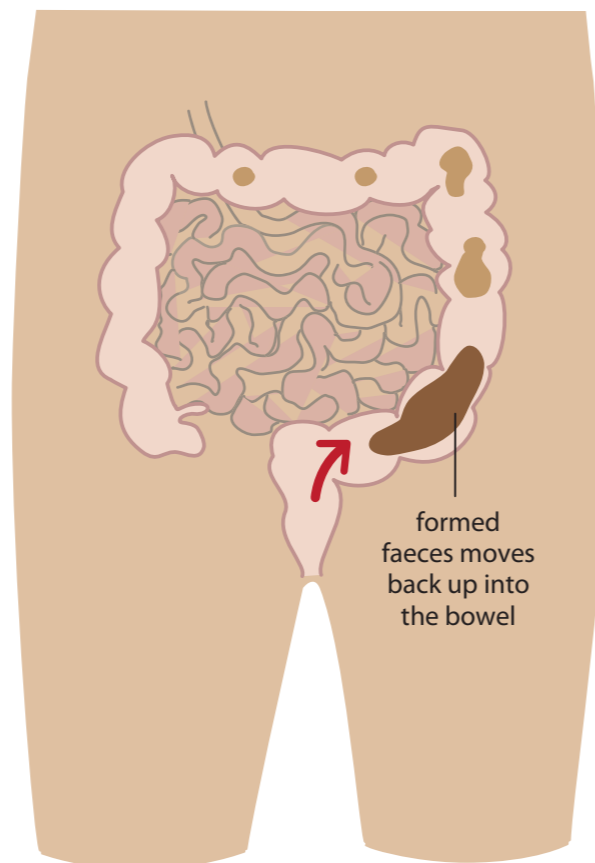
This type of constipation may result in a person passing liquid faeces – which may be mistaken for diarrhoea.

If it is treated with diarrhoea medication it can actually worsen the condition.

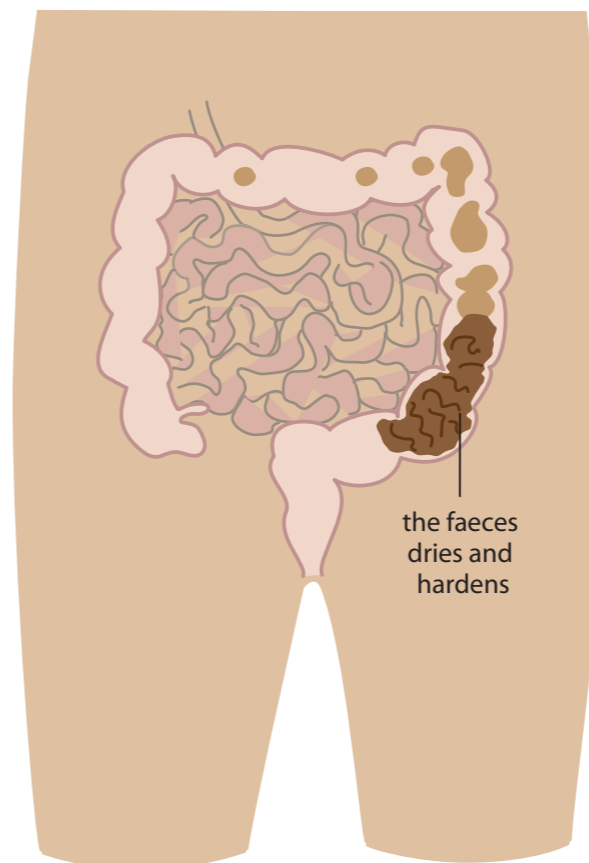
Speak to your doctor for further information and advice.



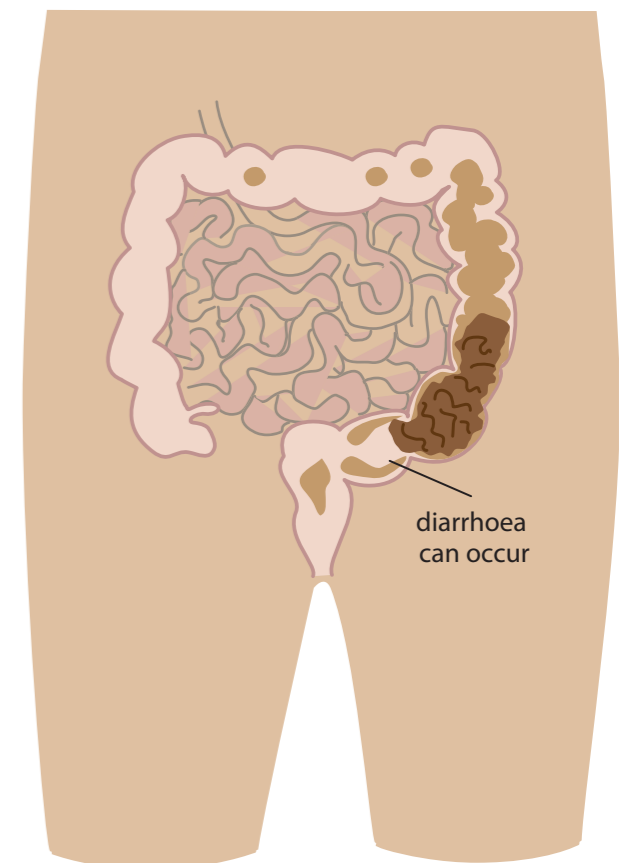
Normally formed faeces descends into the rectum and is passed.



If the urge to go to the toilet is ignored, the faeces moves back up into the bowel.



When the faeces moves up into the bowel it becomes dry and hard. Liquid faeces continues to be produced and builds up behind the hard faeces.



The liquid faeces becomes harder to control. It may push around the harder mass and appear as diarrhoea. The harder and drier the mass becomes the more difficult it is to pass.

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For free and confidential advice about constipation and other bladder or bowel problems call the

## National Continence Helpline

FREECALL

# 1800 33 00 66



An Australian Government Initiative

or visit: [www.bladderbowel.gov.au](http://www.bladderbowel.gov.au) | [www.continence.org.au](http://www.continence.org.au)

