

# NICU Families

## COVID-19 Info



Coronavirus (COVID-19) is a respiratory illness caused by a new virus. Symptoms range from a mild cough to pneumonia. Some people recover easily, others may get very sick very quickly. We know that the virus spreads from person-to-person, most likely through:

- Close contact with an infectious person
- Contact with droplets from an infected person's cough or sneeze
- Touching objects or surfaces (like doorknobs or tables) that have cough or sneeze droplets from an infected person, and then touching your mouth or face

To protect your baby and our staff, we have implemented a few additional rules for NICU staff and families.

- **Remember your hand hygiene - "Gel Baby Gel"**
- **Only parents/carers to visit - no siblings, extended family or friends**
- **If you are unwell, please do not visit your baby. Phone and speak to your baby's bedside nurse for advice.**
- **When visiting your baby, please keep to their bedspace only.**
- **Please do not use your mobile phone when cuddling your baby**

We appreciate your support and assistance in helping keep your baby safe. If you have any questions or concerns, please speak to nursing staff.

Thank you.