

# Bedwetting Chart

Always record in the morning what happened overnight.

Name: .....

Date	Wet/dry	Size of wet patch (see below)	Did you wake to 'wee'?	How much 'wee' did you do in the toilet?	Comments

Size of wet patch:

- Drops = slightly damp
- Wet = wet through underwear
- Flooded = soaking through to bed